

# S PA CENVAREE

The touch of thailand



# FACIALS/SKINCARE

### JURLIOUE HYDRATING ROSE FACIAL

60 Min|\$230

Rich in antioxidants, this facial helps to enrich the skin, keeping it smooth, supple, and protected from environmental aggressors. You'll enjoy a deep cleaning massage and mask before a Rose Moisture Plus Serum with essential fatty acids to lock in hydration.

### JURLIQUE SENSITIVE SOOTHING FACIAL 60 Min | \$230

A fantastic facial to prevent peeling while saturating your skin with a much-needed moisture boost. You'll enjoy a deep cleaning massage and mask before a delicate hydrating application of Calendula & Witch Hazel cream.

### **JURLIOUE AGE-DEFYING**

60 Min|\$24

An intensive facial to treat nutrient-deprived skin with antioxidants derived from Carrot Root Extract, Evening Primrose, and Calendula. This facial improves skin firmness, minimizes pore size and leaves skin radiant.

# JURLIQUE PURELY WHITE BRIGHTENING FACIAL

60 Min | \$245

With unique Jurlique whitening products enriched with antioxidants, this facial treatment is designed to protect, whiten and revitalize skin damaged by sun, stress and environmental pollution.

### SIGNATURE SPA CENVAREE FACIAL 90 Min | \$225

A luscious, relaxing facial customized for any skin type, this facial uses powerful herbal antioxidants and natural nutrients to address skin texture. Organic ingredients such as lemongrass, tamarind, oatmeal, cucumber and botanical oils are used to deeply cleanse, exfoliate and hydrate the skin.

### ADD-ON JURLIQUE ABSOLUTE EYE BRIGHT 20 Min | \$34.50

An intensive care formulation developed for the protection of the delicate eye area, this treatment features Arnica lotion, Elder Cream, and an active botanical ingredients to brighten the eye area.

### **\*BODY MASSAGES**

### SIGNATURE MALDIVIAN MASSAGE 90 Min|\$255 120 Min|\$290

A signature massage from the island that combines the best of hot oil aroma massage techniques with Acupressure, Ayurvedic Abhyanga movements, Deep tissue, Shiatsu and Lomi lomi. A special warm herbal oil with balancing properties is applied to the entire body and pressure is tapped rhythmically along the muscles.

### SIGNATURE NUAD THAI-ROYAL

### THAI MASSAGE

60 Min|\$230 90 Min|\$275

Thailand's most famous Massage! This therapy combines stretching techniques, pressure points and more to loosen joints and tone muscles. Thai Massage is sometimes described as 'passive yoga' - you lie down and your therapist manipulates your body.

### AROMATHERAPY MASSAGE

60 Min|\$230 90 Min|\$275

Our most popular treatment! A full-body massage using essential oils to relax the body and mind. Smooth and soothing movements will gently lull you into a realm of tranquil dreams, leaving you totally rejuvenated. Choose from several beautiful oil combinations.

### AROMATHERAPY CANDLE MASSAGE

60 Min1\$230

Ignite a flame with Burning Desire! Burn this soy massage oil candle and let the sweet, fragrant oil take over your body as you doze off with our relaxing massage. Melted massage oil is great for doubling as a warm, rich body balm.

### FOOT MASSAGE

45 Min]\$170

This treatment promotes relaxation to the entire body through the use of pressure points onto the soles of the feet.

#### **BACK MASSAGE**

45 MinI\$175

A back massage incorporating deep tissue and Swedish techniques to relax tired muscles of the back, shoulders and neck.

### FOUR HANDS MASSAGE

90 Min1\$400

A four-hand massage performed by two therapists in unison, this experience coordinates a blend of Thai, Swedish, Shiatsu and Reflexology techniques using deep rhythmic movement to leave you feeling completely renewed.

# JUST FOR MEN

Of course, guys can choose whatever they'd like from the menu! However, these treatments have been designed specifically with men's skin care needs in mind.

### JURLIQUE FACIAL FORMULA FOR MEN

60 Min|\$230

A deeply cleansing facial personalised for men. A rich blend of plant oils is used alongside natural antioxidants derived from Witch Hazel, Grapefruit Seed and Green Tea to help regulate sebum production. Cleansing and exfoliation is followed by steaming and a hot towel compress to refine the pores. Session ends with a scalp massage and hand massage for complete care.

### DEEP MUSCULAR MASSAGE

60 Min|\$230 -90 Min|\$275

Not for the faint-hearted, our Deep Muscular Massage uses strong pressure and compression to stretch the fibers of large muscle groups, releasing toxins and tension points. Upgrade to 90 minutes if you have chronic tension areas (i.e. your muscles have been tight for more than three months).

### **HOT STONES MASSAGE**

90 Min|\$264.50 120 Min|\$315

Basalt rock is heated in water and placed along the meridians of the body to soothe muscles and relieve tension. These stones are treated with essential oils before being positioned on your chakras. Combined with massage, this therapy creates a deep sense of relaxation.

### **COCONUT GLOW**

90 Min|\$315

Begins with a vigorous body brushing followed by Pumice stone scrub to smoothen rough skin. Your therapist then combines the curative elements of a warm Coconut Compress with Muscle Melt Massage to ease tight muscles and stimulate blood circulation. You'll also enjoy a spine-tingling scalp massage, soothing hand massage and invigorating Foot Massage.

### **BACK TO BACK**

60 Min|\$285

Dedicated to those hard-to-reach areas of the back, your circulation is increased with a Back Scrub before a Warm Herbal Mask is applied to draw out toxins. After a shower, hot oil is applied with a Deep-Tissue Back Massage to totally relax and renew

## **BODY TREATMENTS**

Rejuvenate and detoxify with our divine body therapies. All body treatments include an exquisite scalp massage and finish with an application of our Best-Selling Magnolia Hand Cream.

### SIGNATURE THAI BODY BALANCE

# 120 Minl\$315

A spa journey that combines a collection of signature experiences, guests can experience the soul of a Thai spa journey as well as its ancient traditions.

Smoothing Wheat Germ and Sesame Foot Scrub
Organic 7 Miracle Grains Body Exfoliation
Chakra Balancing Vichy Shower
Choice of "Nuad Thai" or Aromatherapy Massage
Nourishing Facial Massage with Warming Sesame Pouch

### SIGNATURE THAI SALT POT MUSCLE MELTER 90:Min|\$255

This therapy combines a Deep Tissue Massage with a Hot Salt Pot Compress to release tension in the shoulders and lower back muscles. Each pot contains a blend of coarse salt and medicinal herbs to provide relief to tired muscles.

# SIGNATURE THAT 7 MIRACLE GRAINS BODY EXFOLIATION

60 Min|\$230

This body scrub features 7 different types of treasure grains such as Wheat Germ, Barley, Cornmeal, Oatmeal, Millet, Red Rice and Soy Beans. On application, the heat loosens tight muscles while revealing a radiant and smooth skin through its exfoliation process.

### COOLING ALOE VERA & GREEN TEA WRAP 60 Min | \$230

Calm, soothe and nourish irritated skin from sunburn with this nourishing concoction made from blends of Fresh Green Tea, Cucumber and Therapeutic Flower Oils. Enjoy a heavenly mini facial whilst your body is cocooned in the Body Wrap. After a refreshing rinse, Aloe Vera will be applied followed by a restoring cream to promote the healing process:

### **COCONUT BODY**

90 Min|\$250

A top-to-toe treatment that will leave you smelling like a Pina Colada! Includes an invigorating Coconut Body Salt Scrub, skin-nourishing Coconut Body Mask and a skin-melting application of Coconut Body Lotion.

### MANGO SMOOTHIE

90 Min|\$264.50

Indulge in our tropical Mango Body Experience. Start with an energizing body brush before polishing with a sublime Mango Body Scrub. Lie back and relax with a skin-softening Mango Body Wrap and enjoy a Mini Facial. It's then time to experience a beautiful Vichy Shower before the final application of Mango Body Lotion.

### SPA CENVAREE BODY SCRUBS

60 Min|\$230

Refresh, invigorate and soothe the sense of soft skin with your choice of body scrub.

- Heavenly Coconut Body Salt Scrub to enliven and renew
   Sublime Mango Body Scrub to soften and polish
- De-Aging Passionfruit & Lemongrass to buff and smooth



# MULTI-DAY PACKAGES

Make the most of your holiday in the Maldives and save up to 30% with our range of Multi-Day Packages.

SIGNA	TURE COMPLETE REJUVENATION	4-Day \$780
Day 1	SIGNATURE Thai Body Balance	3100 Min
Day 2	SIGNATURE Maldivian Massage	90 Min
~	Your Choice of Body Scrub	1999y
Day 3	SIGNATURE Serenity Spa Ritual	60 Min
	Your Choice of Bathing Ritual	泉
Day 4	SIGNATURE Nuad Thai - Royal Thai Massa	ge 90 Min
3	SIGNATURE SPA Cenvaree Facial	€
	\$	
SIGNA	TURE THROUGH SIAM	3-Day \$660
Day 1	Lemongrass and lassionfruit Body Scrub	75 Min
de)	Foot Massage	W. I
Day 2	SIGNATURE Nuad Thai - Royal Thai Massa	nge 75 Min
	Herbal Thai Compress	
Day 3	SIGNATURE SPA Cenvaree Facial	90 Min
9	9	
SIGNA	TURE THROUGH MALDIVES	<pre>2-Day \$480</pre>
Day 1	<b>&amp;</b>	75 Min
	Coconut Body Scrub	B
	Back Rub with Coconut Oil	5
Day 2	Physical Review of the Party of	🦐 90 Min
	SIGNATURE Maldivian Massage	
	Refreshing Mini Facial	9.
	Cit.	Cite.
3MY JO	URNEY <sub>®</sub>	2-Day \$510
Day 1	3	90 Min
	Foot Ritual	100
66	YOUR choice of Body Scrub	
	YOUR choice of Back or Foot Massage	die
Day 2		120 Min
	Foot Ritual	
	YOUR choice of Body Massage	AREA VIEW
0	YOUR choice of Facial	4



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