

# EXCURSION SCHEDULE

**VARU**  
BY ATMOSPHERE

**MON**

**TUE**

**WED**

**THU**

**FRI**

**SAT**

**SUN**

09:15  
-  
10:45

MORNING  
SNORKELING

MORNING  
SNORKELING

MORNING  
SNORKELING

MORNING  
SNORKELING

MORNING  
SNORKELING

MORNING  
SNORKELING

MORNING  
SNORKELING

14:15  
-  
15:45

AFTERNOON  
SNORKELING

AFTERNOON  
SNORKELING

AFTERNOON  
SNORKELING

AFTERNOON  
SNORKELING

AFTERNOON  
SNORKELING

AFTERNOON  
SNORKELING

AFTERNOON  
SNORKELING

17:00  
-  
18:15

SUNSET  
CRUISE

SUNSET  
CRUISE

SUNSET  
CRUISE

SUNSET  
CRUISE

SUNSET  
CRUISE

17:30  
-  
18:45

SUNSET  
FISHING

SUNSET  
FISHING

SUNSET  
FISHING

SUNSET  
FISHING

SUNSET  
FISHING

SUNSET  
FISHING

SUNSET  
FISHING

21:00  
-  
22:00

STARGAZING  
CRUISE

STARGAZING  
CRUISE

THE VENUE MAY CHANGE BASED ON WEATHER CONDITIONS



# FITNESS & ACTIVITY CALENDAR

**MON**

**TUE**

**WED**

**THU**

**FRI**

**SAT**

**SUN**

06:45

**BEACH  
FITNESS**  
Disport Beach (8pax)

**MORINING  
YOGA**  
Pavillion (8pax)

**BEACH  
FITNESS**  
Disport Beach (8pax)

**MORINING  
YOGA**  
Pavillion (8pax)

07:30

**COUPLE  
WORKOUT**  
ELENA Gym (4pax)

**COUPLE  
WORKOUT**  
ELENA Gym (4pax)

**SELF  
FLOATATION**  
ELENA Spa (4pax)

09:30

**AQUA  
YOGA**  
Bay Rouge Pool (12pax)

**CARDIO  
STRENGTH**  
ELENA Gym (4pax)

**AQUA  
AEROBICS**  
Bay Rouge Pool (12pax)

16:30

**CROSSFIT**  
ELENA Gym (4pax)

**CROSSFIT**  
ELENA Gym (4pax)

**PILATES**  
ELENA Gym (6pax)

**CARDIO  
STRENGTH**  
ELENA Gym (4pax)

**PILATES**  
ELENA Gym (6pax)

17:00  
-  
17:15

**MEET THE  
SEA CREATURES**  
Arrival Jetty

**MEET THE  
SEA CREATURES**  
Arrival Jetty

**MEET THE  
SEA CREATURES**  
Arrival Jetty

**MEET THE  
SEA CREATURES**  
Arrival Jetty

**MEET THE  
SEA CREATURES**  
Arrival Jetty

**MEET THE  
SEA CREATURES**  
Arrival Jetty

**MEET THE  
SEA CREATURES**  
Arrival Jetty

17:30  
-  
18:00

**PALM LEAF  
ORIGAMI TUTORIAL**  
On The Move

**BTB CLASSES -  
BE THE BARTENDER**  
Bay Rouge

**SAND ART  
MASTER CLASS**  
Watersports Beach

**CUP CAKE  
DECORATION FOR KIDS**  
Bay Rouge

**HAND PRINT  
(FAMILY ACTIVITY)**  
On The Move

**BTB CLASSES -  
BE THE BARTENDER**  
Bay Rouge

**BED DECORATION  
MASTER CLASS**

18:00

**BOOTCAMP**  
ELENA Gym (4pax)

**BOOTCAMP**  
ELENA Gym (4pax)

**SELF  
MASSAGE**  
ELENA Spa (4pax)

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